



# CODE OF CONDUCT

**Alive & Well(ish), LLC**

Last Updated: 02.20.2026

---

## Purpose

Alive & Well(ish) is a space for thoughtful development, structured growth, and intentional dialogue.

Whether engaging with our Website, social media platforms, digital programs, communities, or live or asynchronous offerings, participants are expected to uphold standards of professionalism, respect, and integrity.

This Code of Conduct applies to:

- Website comments
- Social media engagement
- Paid and free programs
- Email communications
- Private communities
- Digital course participation
- Any platform operated by Alive & Well(ish), LLC

Participation in any offering constitutes agreement to this Code.

---

## Expected Conduct

We welcome differing perspectives and thoughtful debate. However, you agree to:

- Engage respectfully

- Contribute constructively
  - Remain on topic
  - Avoid personal attacks
  - Respect intellectual boundaries
  - Maintain professionalism in tone and behavior
- 

## **Prohibited Conduct**

The following behaviors are strictly prohibited:

- Harassment, intimidation, or threats
  - Abusive, defamatory, discriminatory, or inflammatory language
  - Profanity or vulgarity directed at others
  - Disruptive or derailing commentary
  - Posting misleading or false information
  - Spamming or promotional posting
  - Soliciting other participants for services or products
  - Attempting to recruit participants into unrelated programs
  - Sharing private participant information
  - Recording or redistributing program content without permission
  - Intellectual property misuse
  - Any behavior deemed harmful to the integrity of the platform
- 

## **Intellectual & Community Integrity**

Alive & Well(ish) is a professional development environment.

Participants may not:

- Share paid materials externally
  - Reproduce frameworks or content
  - Repurpose materials for commercial use
  - Screenshot or distribute community discussions
  - Use participant information for solicitation
- 

## **Enforcement & Removal**

Alive & Well(ish), LLC reserves the right, at its sole discretion, to:

- Remove comments or posts
- Suspend or terminate access
- Cancel enrollment in programs

- Block individuals from future participation
- Remove access to digital materials

This may occur with or without notice and without refund in cases of violation. We are not obligated to provide warnings before enforcement action.

---

## **Respect for Free Thought**

Alive & Well(ish) encourages thoughtful inquiry and independent thinking.

Free thought does not include:

- Disrespect
- Harassment
- Misrepresentation
- Disruption

If our standards do not align with your expectations, you are free to disengage from the platform.

---

## **Related Policies**

This Code of Conduct is incorporated into and governed by our:

- Terms of Use
  - Program Terms & Conditions
  - Privacy Policy
-